



## Maryland Spine and Sports Medicine Medical History Form

Date: \_\_\_\_\_ Patient Name: \_\_\_\_\_ SS#: \_\_\_\_\_

**Please check one or more of the following reasons for your visit**

Pain in the:

Neck  Shoulder  Arm  Wrist/Hand  Back  Ankle/Foot  Hip  Leg  Headaches

Numbness in the \_\_\_\_\_

**Injury Or Date of Onset:** \_\_\_\_/\_\_\_\_/\_\_\_\_

Right or  Left Handed

Type of injury/symptoms: \_\_\_\_\_

Job Accident  Slip/Fall  Sports Injury  Car Accident:  Driver  Passenger

Other: \_\_\_\_\_

Did you go to the emergency room after the injury?  Yes  No

Did you have x-rays taken?  Yes  No

Work History:

Occupation: \_\_\_\_\_ Have you missed any work or school?  Yes  No If yes, how much time has been lost? \_\_\_\_\_ I am qualified to do the following: \_\_\_\_\_

### Treatment

Since the injury, what types of treatment have you received for this condition?

#### Medical

Physician's Name \_\_\_\_\_ Date of first treatment: \_\_\_\_\_

Length of Treatment: \_\_\_\_\_ Medications given: \_\_\_\_\_

#### Chiropractic

Physician's Name: \_\_\_\_\_ Date of first treatment: \_\_\_\_\_

Length of Treatment: \_\_\_\_\_

Adjustments  Electrical Stim  Traction  Hot/Cold Packs  Ultrasound  Massage

#### Physical Therapy

Facility Name \_\_\_\_\_ Date of first treatment: \_\_\_\_\_

Length of Treatment: \_\_\_\_\_

Hot/Cold Packs  Traction  Aqua Therapy  Other \_\_\_\_\_

#### Surgery

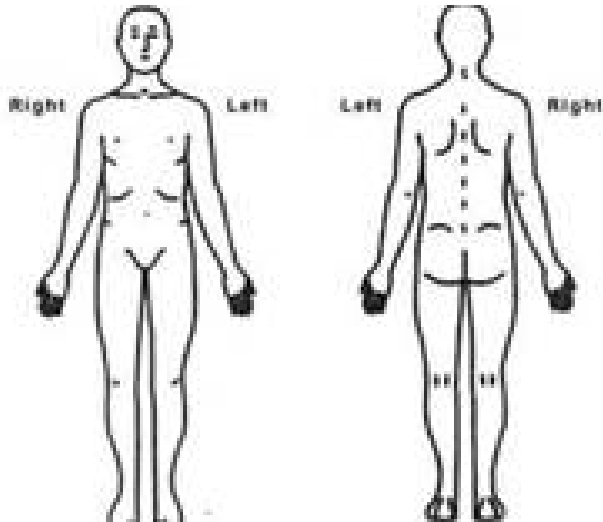
Physician's Name: \_\_\_\_\_ Date of surgery: \_\_\_\_\_

Type of surgery: \_\_\_\_\_

**Pain**

On these diagrams, show where you are experiencing pain and/or numbness. Please use the symbols below to describe the type of pain.

**Stabbing: ///// Numbness ----- Achy AAAA Burning: XXXXX Pins and needles: \*\*\*\*\***



If you are in pain, describe your pain in detail: \_\_\_\_\_

What is your pain on a scale of 1 to 10? 1 2 3 4 5 6 7 8 9 10

low pain

medium pain

high pain

What makes your pain worse? \_\_\_\_\_

What makes your pain better? \_\_\_\_\_

Do you have a prior history of neck or back problems or surgery?  Yes  No

**Medications:** Please list names of **all** medications, including over the counter medications, and dosages: \_\_\_\_\_

**Allergies** (to medications/latex/iodine/dyes): \_\_\_\_\_

**Tests**

What tests have you had so far relating to this condition?

Type of Test	Date	Body Part	Results
X-rays			
CT Scan			
MRI			
EMG/NSC			
Bone Scan			
Myelogram			
Discogram			
Arthrogram			

**Medical Problems (check all that apply):**

- Diabetes  Thyroid  Asthma  HIV/AIDS  Kidney  Stomach Ulcers  Osteoporosis  Stroke  Hepatitis  
 Tuberculosis  Cancer  Arthritis  Heart problems  Rheumatoid arthritis  Seizures  Psychiatric illness  
 High blood pressure  Other \_\_\_\_\_

**Surgery:** \_\_\_\_\_

**Family History (check all that apply):**

- High Blood Pressure  Cancer  Diabetes  Depression  Rheumatoid arthritis  Stroke  Heart disease  
 Thyroid disease  Tuberculosis  Osteoporosis

**Social History (check all that apply):**

Marital status:  Married  Single  Divorced  Widowed

Live in house  Live in apartment  Number of children \_\_\_\_\_ Ages: \_\_\_\_\_

Education:  High school  College

Cigarettes:  Yes  No If yes, \_\_\_\_\_ packs per day. Alcohol:  Yes  No If yes, \_\_\_\_\_ per week \_\_\_\_\_ years

**Functional history (check all that apply):**

I am not able to do the following:

Cook  Wash the car  Twist  Clean  Lift  Laundry  Yard work  Bend  Open jars  Other: \_\_\_\_\_

I require the use of the following:

Cane  Crutches  Wheelchair  Neck brace  Back brace  Splint  Other: \_\_\_\_\_

**Review of systems (check all that apply):**  Fever  Chills  Sweats  Significant weight loss  Significant weight gain

**Dermatological:**  Jaundice  Rash  Hives  Itching  Easily bruised

**Hearing:**  Deafness  Ear discharge  Ear ringing

**Vision:**  Glasses  Blindness  Blurred vision  See rings around lights

**Pulmonary:**  Shortness of breath  Wheezing  Chronic cough  Coughing up blood

**Cardiovascular:**  Chest pain  Varicose veins  Racing heart  Use 2-3 pillows at night  Shortness of breath w/exertion

**Gastrointestinal:**  Nausea  Vomiting  Diarrhea  Constipation  Blood in stool  Change in stool color  Hemorrhoids  
 Difficulty feeling bowels  Difficulty controlling bowels

**Genitourinary:**  Blood in urine  Penile discharge  Urination at night  Pregnant  Frequent urination  Menopause  
 Pelvic infections  Irregular menstruation  Urgency w/urination  Difficulty feeling urine  
 Difficulty controlling urine  Difficulty w/erection  Painful menstruation  Vaginal discharge  
 Vaginal bleeding  Sexually transmitted disease  Last Monthly Period: \_\_\_\_\_

**Endocrine:**  Thyroid enlargement  Goiter  Hyperthyroidism  Hypothyroidism

**Neurological:**  Headaches  Fainting  Paralysis  Balance problems  Light headedness  Dizziness  Seizures  
 Memory loss  Numbness  Coordination problems

**Psychological:**  Trouble w/nerves  Depressed  Anxious  Suicide attempt  Difficulty sleeping  Emotional problems

**Alcohol abuse/addiction:**  Yes  No **Illicit drug abuse/addiction:**  Yes  No **IV drug abuse/addiction:**  Yes  No

**Prescription drug abuse/addiction:**  Yes  No

**Maryland Spine and Sports Medicine  
Patient Demographics and Insurance Information**

**Important Information Required for Electronic Health Records:**

Pharmacy name for any prescriptions you may need? \_\_\_\_\_

City \_\_\_\_\_ Phone # \_\_\_\_\_

Smoking history (please check box):  Never  Former  Current.

If current, how much and are you trying to quit? \_\_\_\_\_

First Name: \_\_\_\_\_ MI: \_\_\_\_ Last Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_ City, State, ZIP: \_\_\_\_\_  
Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_ Gender: Male/Female  
Patient's Employer and Address: \_\_\_\_\_  
In case of emergency, notify: \_\_\_\_\_ Daytime Phone #: \_\_\_\_\_

**Primary Insurance Information**

Insurance Company Name: \_\_\_\_\_ Phone #: \_\_\_\_\_  
Claims Address: \_\_\_\_\_  
Policy Number: \_\_\_\_\_ Group #: \_\_\_\_\_  
Policy Holder Name: \_\_\_\_\_ Employer: \_\_\_\_\_  
Policy Holder's Birth Date: \_\_\_\_\_ Gender: Male/Female  
Relationship to Patient: \_\_\_\_\_ Social Security #: \_\_\_\_\_

**Secondary Insurance Information**

Insurance Company Name: \_\_\_\_\_ Phone #: \_\_\_\_\_  
Claims Address: \_\_\_\_\_  
Policy Number: \_\_\_\_\_ Group #: \_\_\_\_\_  
Policy Holder Name: \_\_\_\_\_ Employer: \_\_\_\_\_  
Policy Holder's Birth Date: \_\_\_\_\_ Gender: Male/Female  
Relationship to Patient: \_\_\_\_\_ Social Security #: \_\_\_\_\_

**Referring and Primary Care Physician**

Referring/Primary Care Physician: \_\_\_\_\_  
Phone #: \_\_\_\_\_

**Insurance Authorization and Assignment (please read and sign)**

I hereby authorize Maryland Spine and Sports Medicine, P.C. to furnish information to insurance carriers concerning my physical condition and treatments, and I hereby assign to the physicians all payments for medical services rendered to myself or my dependents. I understand that I am responsible for all fees and financial charges for the above named patient, regardless of insurance coverage. If not covered by insurance, I understand that payment is required at time of service.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Maryland Spine and Sports Medicine**  
**Clark Brill, M.D., John Collins, D.O.**  
**Aaron Twigg, M.D.**

**Patient Privacy Policy**

**\*IMPORTANT: PLEASE NOTE\***

**To insure continuation of care, please provide us with the name of your referring physician, and sign the form below to authorize the release of your records.**

By signing this policy, I, the patient, authorize Maryland Spine and Sports Medicine to release my records to the following physician(s) and or healthcare provider(s):

_____	_____
<b>Physician's Name</b>	<b>Physician's Name</b>
	_____
	<b>Patient Signature</b>
	_____
	<b>Print Name</b>

It is the policy of MARYLAND SPINE AND SPORTS MEDICINE to protect the privacy of our patients to the fullest extent. In order for us to do this, we will also need the co-operation of you, our patient. The following are our attempts to be compliant with the Health Insurance Portability and Accountability Act (HIPAA).

1. All patient records are kept within the confines of this office unless there is written permission from the patient or guardian for them to be removed.
2. No records will be displayed where they are in a position to be read by any parties unrelated to their testing or treatment.
3. No records will be relayed via mail or fax unless written permission is given by the patient or guardian or it is a matter of continued medical care by his or her personal physician whom he or she has named on their "Patient History Sheet".
4. No patient records will be given to any other parties, such as attorneys or employers, without written permission from the patient or guardian.
5. We only use the most up-to-date methods for our Electronic Claims Transmission, and these relay facilities have taken every step to also be in compliance with the HIPAA regulations and have given us written notice of such actions.
6. Our staff has received instructions, both verbal and written, regarding maintaining the confidentiality of the patient and the inappropriateness of discussing personal or medical patient information outside the confines of this office.

It is our intent for these measures to protect our patients' medical information. We thank you for your attention and co-operation in this matter.